



Comparison of ESE Evaluation Tools

	New General Self-Efficacy Scale	Sense of Control Assessment	Arizona Self-Sufficiency Matrix	Employment Hope Scale (short)	World Health Organization Quality of Life Scale (brief)	DLA-20 Functional Assessment Guide
Focus Area(s)	Assesses individual's belief in their ability to achieve goals, despite difficulties	Measures individual's sense of control over their outcomes and perceptions of their constraints	Assesses individual's barriers and economic self-sufficiency	Assesses aspects of psychological and economic self-sufficiency	Measures quality of life across 4 domains (physical, psychological, social, environment)	Measures functioning in 20 areas of daily living
How it works	Self-reported 5-point scale from Strongly Disagree to Strongly Agree	Self-reported 7-point scale from Strongly Disagree to Strongly Agree	Scores on a scale of In Crisis to Empowered	Self-reported scores in response to 14 statements	Self-reported 5-point scale	7-point scale from None of the Time to All of the Time
Sample Prompt	"When facing difficult tasks, I am certain that I will accomplish them."	"Whether or not I am able to get what I want is in my own hands."	Staff-administered and covers 18 domains including: Income, Employment, Education, etc.	"I am worthy of working in a good job"	"How safe do you feel in your daily life?"	Staff-administered and covers Relationships, Safety, Health, etc.
Length	8 questions	12 questions	18 questions	14 questions	26 questions	20 questions
Duration	10 minutes or less	10 minutes or less	30-60 minutes	10 minutes or less	20 minutes or less	10-20 minutes
Additional Resources	Sparqtools.org Edinstruments.com	Sparqtools.org	Learn.bhninc.org Informational Webinar recording (ABHMass)	Ecommons.luc.edu	Who.int	Thenationalcouncil.org

Sources:

New General Self-Efficacy Scale: Chen, G., Gully, S. M., & Eden, D. (2001). Validation of a new general self-efficacy scale. *Organizational research methods*, 4(1), 62-83.

Sense of Control Assessment: Lachman, M. E., & Weaver, S. L. (1998). The sense of control as a moderator of social class differences in health and well-being. *Journal of Personality and Social Psychology*, 74(3), 763-773.

Arizona Self-Sufficiency Matrix: Culhane, D., Eldridge, D., Rosenheck, R., & Wilkins, C. (1999). Making homelessness programs accountable to consumers, funders and the public. In L. B. Fosberg & D. L. Dennis (Eds.), *Practical lessons: The 1998 National Symposium on Homelessness Research*. Washington, DC: U.S. Department of Housing and Urban Development and U.S. Department of Health and Human Services.

Employment Hope Scale (Short): Hong, P.Y.P. (2015). Transforming Impossible into Possible (TIP): A group work model in workforce development. Poster presented at the 2015 International Association of Social Work with Groups (IASWG) Symposium at the University of North Carolina, Chapel Hill, NC, June 4-7.

World Health Organization Quality of Life Scale: World Health Organization. (2004). The World Health Organization quality of life (WHOQOL) - BREF, 2012 revision. World Health Organization.

DLA-20 Functional Assessment Guide: Scott, R. L., & Presmanes, W. S. (2001). Reliability and Validity of the Daily Living Activities Scale: A Functional Assessment Measure for Severe Mental Disorders. *Research on Social Work Practice*, 11(3), 373-389.

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